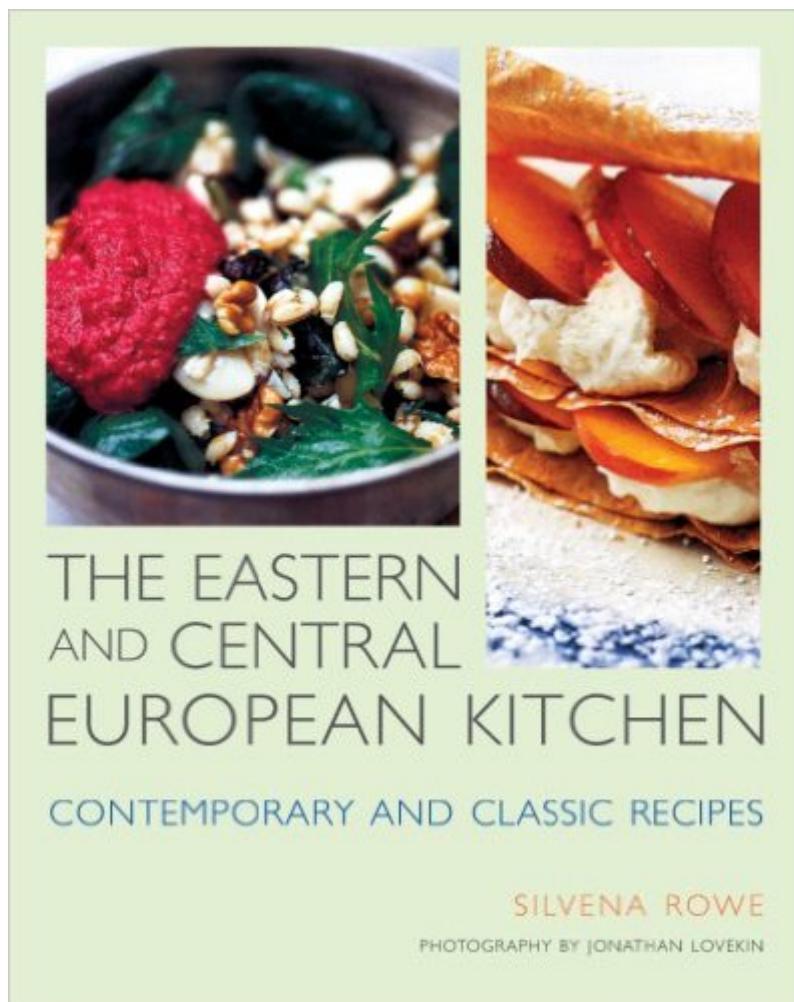


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# The Eastern And Central European Kitchen: Contemporary & Classic Recipes



## Synopsis

The fresh ingredients and unfamiliar flavor combinations of Central and Eastern Europe are capturing the imaginations of gourmet stores and restaurants in the West today. We're enjoying dishes such as goulash, stroganoff, pierogi and borscht as we feast on a wealth of culinary traditions that stretches back for generations. Silvena Rowe turns to countries such as Hungary, the Czech Republic, Bulgaria, Poland, Georgia, Russia, and the Ukraine for her inspiration. She cooks game with sweet-and-sour stuffing, sauces and marinades; smoked fish; wild mushrooms; fruits such as quince, figs and pomegranates; and seeds and grains such as lentils, pearl barley and poppy seeds. She plunders the traditions of the poor and wealthy alike in her quest to bring us a taste of what is put upon the tables in these countries. The food is untamed and the flavors are strong. Alongside Silvena's recipes are photographs of the food markets, farms, homes, grand cafes and restaurants of Eastern and Central Europe by renowned photographer Jonathan Lovekin.

## Book Information

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## Customer Reviews

A friend bought this cook book in Prague when she & I were visiting several years ago, and after perusing her copy, I ordered it as soon as I got home. The recipes are authentic, with the same wonderful flavors we enjoyed in that part of the world. There is a wide variety of courses and cultures represented, and the author gives some nice background for each recipe. Highly recommended!

Well written, beautiful photos, great recipes. Instructions are clearly written. The author is a very

talented chef who has created updated recipes for the modern palate from traditional regional dishes.

The photos are beautiful and the recipes provide both traditional and modern takes on some of eastern Europe's favorite delicacies.

Way too many pictures, not enough recipes!

Recipes are decent, a lot more Russian recipes than what I expected. I was expecting some more slavik recipes which this book is lacking

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